

I claim:

1. A body board, comprising:
 - a foam core portion having a top and bottom surface;
 - a first binding layer laminated on the outside of said top surface;
 - a first graphics layer laminated on the outside of said first binding layer;
 - a first clear protection layer laminated on the outside of said first graphics layer;
 - a second binding layer laminated on the outside of said bottom surface;
 - a second graphics layer laminated on the outside of said second binding layer;
 - a second clear protection layer laminated on the outside of said second graphics layer.
2. The body board of claim 1, further comprising:
 - a PE layer applied between said bottom surface of the foam core and said second binding layer.
3. The body board of claim 1, wherein said second clear protection layer is a HDPE layer and has a slick surface texture.
4. The body board of claim 3, wherein said first clear protection layer has a rough surface texture.
5. The body board of claim 3, wherein said first clear protection layer has a generally smooth surface texture.
6. The body board of claim 5, wherein said first binding layer, said first graphics layer and said first clear protection layer have substantially the same thickness.
7. The body board of claim 4, wherein said foam core portion further comprises:

a center LDPE foam core;
a deck foam on the top surface of said center LDPE foam core;
a bottom foam on the bottom surface of said LDPE foam core, wherein said deck foam and bottom foam have higher density than said LDPE foam core.

8. A body board, comprising:
 - a foam core portion having a top and bottom surface;
 - a binding layer laminated on the top surface of said foam core;
 - a first graphics layer laminated on the top of said binding layer;
 - a clear protection layer laminated on the top of said graphics layer.
9. The body board of claim 8, wherein said foam core is a polyethylene layer.
10. The body board of claim 9, wherein said clear protection layer has a rough surface texture.
11. The body board of claim 10, wherein said first graphics layer is pre-printed with a predetermined design.
12. The body board of claim 9, wherein said clear protection layer has a generally smooth surface texture.
13. The body board of claim 10, wherein said foam core portion further comprises:
 - a LDPE foam core;
 - a deck foam on top of said center LDPE foam core.
14. The body board of claim 13, wherein said LDPE foam core has two layers of LDPE formed together, one of said layers having a first density and the other layer

having a second density.

15. The body board of claim 8, further comprising:

a deck foam bonded to the bottom surface;

a slick PVC skin laminated on top of said deck foam.

16. A method of making a body board, comprising:

a) providing a foam core portion, said foam core having a top and bottom surface;

b) laminating a first binding layer on top of said top surface of said foam core portion;

c) laminating a first printed graphics layer on top of said first binding layer;

d) laminating a first clear protection layer on top of said printed graphics layer.

17. The method of claim 16, wherein:

said foam core portion is a deck foam bonded on top of a foam core, said deck foam having a higher density than said foam core.

18. The method of claim 17, said foam core portion further comprising a bottom foam bonded on the bottom of said foam core, said bottom foam having a thickness of about 3 mm and having a higher density than said foam core.

19. The method of claim 18, further comprising:

laminating second binding layer to the bottom foam;

laminating a second printed graphics layer to the second binding layer;

laminating a second protection layer to the second printed graphics layer

20. The method of claim 19, wherein said second protection layer is a slick PVC layer.